

Resource Guide

**Created By Menomononee Falls School District AODA
Committee along with Community Memorial Hospital**

First Call for Help

The first call for help is 211; it is an access line for people in need.

In Waukesha County

Call 211 The First Call for Help

Call 211 from a landline or dial (262)547-3388

In Milwaukee County

Dial 211

In Washington County

Dial 211

Local School Districts

School District of Menomonee Falls

Main Line: (262) 255-8440

www.sdmf.k12.wi.us

Hamilton Sussex School District

Main Line: Phone - (262) 246-1973

www.hamilton.k12.wi.us

Milwaukee Public Schools:

Main Line: 414-475-8393

www.mpsportal.milwaukee.k12.wi.us

Germantown School District

Main Line: 262-253-3900

Elmbrook School District

www.elmbrookschoools.org

Main Line: (262) 781-3030

Abuse

Domestic Violence

Friends of Abused Families

West Bend, WI

262-334-7298

www.fafinc.org

Washington County

7 days a week, 24 hours

Services are provided confidentially and free of charge ...emergency shelter, 24 hour crisis intervention line, domestic and sexual violence advocacy and counseling, weekly support groups, legal assistance, medical advocacy, children's counseling, support groups, and art therapy, teen counseling and support groups, prevention education programs for youth and adult audiences, resource lending library, and a transitional living program.

The Women's Center

505 North East Ave, Waukesha, WI 53186

262-547-4600 (Business) 888-542-3828 (24-Hour Crisis Line)

<http://www.twcwaukesha.org/>

Waukesha County

Shelter and Crisis line are 24/7. Other services are Monday – Friday 8:30-5:00. Some support groups run from 6:30-8:00 pm.

Services are provided free of charge...emergency shelter for abused families, transitional living, counseling, child abuse prevention programming, legal advocacy and employment counseling. The Center also provides Hispanic outreach, community education programs including school presentations on a variety of topics such as healthy relationships, safe dating, etc., information and referral services, and a 24-hour crisis line. Free onsite childcare is available while people are using services.

Food Assistance

Falls Area Community Services

N85 W15382 Menomonee River Parkway, Menomonee Falls, WI 53051
262-251-6848

<http://fallsfoodpantry.com/>

Serves Colgate, Germantown, Lannon, Menomonee Falls, and Richfield
Pantry Open Tuesday & Thursdays from 12:30-2:00 and 5:30-7:00

Registration required to utilize the food pantry. To register, bring 2 forms of ID.

Hunger Task Force

201 S Hawley Ct., Milwaukee, WI 53214
414-777-0483

<http://www.hungertaskforce.org/food-bank/>

Serves: Milwaukee County

For location of closest emergency food pantry call 211 or 866-211-3380.

St. Boniface Food Pantry

St. Boniface Parish Center, W204 N11968 Goldendale Rd, Germantown, WI 53022
262-628-2040

<http://www.stbonifacewi.org/foodpantry.cfm>

Serves Germantown, Hubertus, Jackson, Richfield, Colgate

Pantry Open 1st & 3rd Monday from 3-8 PM

Referrals to the food pantry are made through Washington County Social Services.

Sussex Area Outreach Services

N63 W23626 Silver Spring Dr, Sussex, WI 53089
262-246-9860

<http://sussexareasos.org>

Serves people living in the Hamilton School District

Pantry Open Monday from 5:30-7:00, Wednesday from 1:00-2:30, and Saturday from 10:00-12:00

Registration required to utilize the food pantry. To register, bring proof of residency (bill or lease) and a picture ID.

Food Share Wisconsin

Wisconsin Department of Health Services
1-800-362-3002

<http://www.dhs.wisconsin.gov/foodshare/index.htm>

Monday – Friday 8:00-4:30

FoodShare helps people with limited money buy the food they need for good health. To apply call 1-800-362-3002 or apply online at access.wi.gov. An interview will follow the application.

UW Extension- Nutrition Education Program

Milwaukee County:

9501 W. Watertown Plank Rd, Building A, Wauwatosa, WI 53226

414-256-4600

<http://milwaukee.uwex.edu/nutrition/>

Monday – Friday 8:00-4:30

Washington County:

333 E. Washington St, Suite 1200, West Bend, WI 53095

262-335-4841

<http://washington.uwex.edu/nutrition-education/>

Monday – Friday 8:00-4:30

Waukesha County:

515 W Moreland Blvd, Administration Center Rm. G22, Waukesha, WI 53188

262-548-7770

<http://waukesha.uwex.edu/family-living-and-nutrition-education/nutrition-education/>

Monday – Friday 8:00-4:30

Programs are free to limited income families and will teach about choosing a healthful diet, purchasing and preparing healthful foods and safe handling, and becoming more food secure by planning for spending food dollars, planning meals, and using thrifty food shopping practices.

WIC (Women Infant & Children)

1-800-722-2295 (Wisconsin number)

<http://www.fns.usda.gov/wic/>

Service Area – After calling the 1-800 number you will be directed to your local agency.

Seven days a week, 24 hours a day

Provides supplemental foods and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. Need to set up an appointment to qualify. Eligibility based on household income.

Dental

Waukesha County Community Dental Clinic

262-522-7645

www.wccdentalclinic.org

210 NW Barstow St, Suite 305, Waukesha 53188

Hours: Monday – Thursday 8:00AM – 12 NOON and 1:00 – 4:30PM

Fridays 8:00AM – 12 NOON and 1:00 – 2:30PM

The WCCDC is a non profit six-chair clinic which operates full-time, Monday through Friday providing dental care to low income individuals who live in Waukesha County. The clinic is staffed by both full time and volunteer professionals. Dental care is not free, but fees do not exceed \$20 per visit. Families in need are identified by showing income falling below 200% of the U.S. Federal Poverty Guidelines.

St. Joseph's Medical & Dental Clinic

262-544-6777

<http://sjmdc.net>

826 N. East Ave, Waukesha 53186

Hours: Monday and Thursday 11:00AM – 3:45PM

Tuesday, Wednesday, Friday – 9:00AM – 3:45PM

Joseph's Medical and Dental Clinic, Inc. (SJMDC) has been enabling low income and uninsured residents of Waukesha County to obtain free and low-cost medical care, dental services, and medications.

Waukesha County Technical College Dental Hygiene Clinic

262-691-5224

www.wctc.edu/student_services

800 Main Street, Service Building #S204, Pewaukee 53072

Hours: Monday – Friday 7:30AM – 4:30PM September – May (Closed June, July, August)

The WCTC Dental Hygiene Clinic provides comprehensive dental care to the community in an educational environment. All procedures are completed by student dental hygienists under the strict supervision of a licensed dentist and registered dental hygienist.

Marquette University School of Dentistry

414-288-6790

www.mu.edu/dentistry

1801 W. Wisconsin Ave, Milwaukee 53223

Dental Services at a reduced cost

Healthcare (Low Income Medical Services)

Community Outreach Health Clinic

262-257-3393

www.communitymemorial.com/outreach_clinic

W180N8085 Town Hall Rd, Menomonee Falls WI 53052 (Outpatient Care Center)

Hours: Monday 10:00AM – 2:00PM (Appt Only) Tuesday and Thursday 5:00 – 8:00PM

The Community Outreach Health Clinic serves those who cannot afford private health care for adults who are residents of Community Memorial Hospital's service area and those whose income falls below 185% of Federal Poverty Guidelines.

St. Joseph's Medical & Dental Clinic

262-544-6777

<http://sjmdc.net>

826 N. East Ave, Waukesha 53186

Hours: Monday and Thursday 11:00AM – 3:45PM

Tuesday, Wednesday, Friday – 9:00AM – 3:45PM

Joseph's Medical and Dental Clinic, Inc. (SJMDC) has been enabling low income and uninsured residents of Waukesha County to obtain free and low-cost medical care, dental services, and medications.

Albrecht Free Clinic

262-334-8339

www.albrechtfreeclinic.org

1110 Oak St. Suite 1200, West Bend 53095

Hours: Tuesdays: 8:45a.m. - 10:45a.m. APPOINTMENTS ONLY/EXISTING PATIENTS ONLY
4:00p.m. - 6:00p.m. EXISTING PATIENTS ONLY - Assistance with med refills, voucher pick-ups, and paperwork

6:00p.m. - 8:00p.m. WALK-IN

Wednesdays: 8:45a.m. -11:45a.m. APPOINTMENTS ONLY

Thursdays:

12:45p.m.- 2:45p.m. APPOINTMENTS ONLY/EXISTING PATIENTS ONLY

4:00p.m. - 6:00p.m. EXISTING PATIENTS ONLY - Assistance with med refills, voucher pick-ups, and paperwork

6:00p.m. - 8:00p.m. WALK-IN

Generally, the Albrecht Free Clinic will provide patients with health care so long as they are approved under our eligibility guidelines. Eligibility for services require that patients be a Washington County resident and that they are not active members on BadgerCare/Medicaid or any other state-funded health insurance program.

Vision

Prevent Blindness Wisconsin

(414) 765-0505

759 North Milwaukee Street
Suite 305
Milwaukee, WI 53202
<http://wisconsin.preventblindness.org>

Clothing and Household Goods

Goodwill Industries

Menomonee Falls
262-253-0018
www.amazinggoodwill.com
W178N9315 Water Tower Pl, Menomonee Falls 53052
Hours: Monday – Friday 9:00AM – 9:00PM, Saturday 9:00AM – 8:00PM, Sunday 10:00AM – 7:00PM

Cooperating Churches of Sussex

262-246-9860
www.sussexareasos.org
N63W23669 Silver Spring Dr, Sussex 53089
Provide food, clothing, referrals and counseling

Salvation Army Family Thrift Store & Donation Center

262-253-2285
www.salvationarmyusa.org
N89 W16899 Appleton Ave, Menomonee Falls 53052

Our Kids' Closet

262-844-8554
ourkidscloset.gtown@gmail.com
W15415 Mequon Rd, Germantown
Hours: 1st Thursday of the month 6:00 – 8:00PM and 1st Saturday of the month 9:00 – 11:00AM
Provide at no cost, gently used childrens clothing to families in need within the community, and are located within the Columbia/St. Mary's Clinic in Germantown, Wisconsin. The facility was developed under the sponsorship of Columbia/St. Mary's Clinic & St. Boniface Parish and School.

Emergency Shelters

Hebron House Shelter

262-549-8722

www.hebronhouse.org

812 N. East Ave, Waukesha 53186

Services for families and single women in Waukesha County.

Waukesha Salvation Army

262-547-7367

www.usc.salvationarmy.org/waukesha

445 Madison St, Waukesha 53188

Hours: Monday – Friday 5:00 – 9:00PM and Saturday – Sunday 3:00PM – 9:00AM

The Emergency Lodge provides emergency shelter to single men experiencing homelessness in Waukesha County. During their participation in the Emergency Lodge program clients are provided with assistance meeting their basic needs and case management services to assist them with addressing their homeless issues.

The Women's Center

262-547-4600 Main

24 Hour Crisis Line – 262-542-3828

www.twcwaukesha.org

505 N. East Ave, Waukesha 53186

The Women's Center includes emergency shelter for abused families, transitional living, counseling, child abuse prevention programming, legal advocacy and employment counseling. The Center also provides Hispanic outreach, community education programs, information and referral services, and a 24-hour crisis line.

Friends of Abused Families

West Bend, WI

262-334-7298

www.fafinc.org

Washington County

24 hour crisis line

Services are provided confidentially and free of charge ...emergency shelter, 24 hour crisis intervention line, domestic and sexual violence advocacy and counseling, weekly support groups, legal assistance, medical advocacy, children's counseling, support groups, and art therapy, teen counseling and support groups, prevention education programs for youth and adult audiences, resource lending library, and a transitional living program.

Education Programs

GED/ High School Equivalency Diplomas

Waukesha County Technical College GED and HSED
Call 262-695-6500 for more information on the GED program.
Programs available in Spanish.

Moraine Park Technical College
For information call 920-924-6393

UW Washington County Community College
For information call 262-695-6500

Waukesha County Birth to Three Program
Lutheran Social Services
500 Riverview Avenue
Waukesha, WI 53188
262.896.6880
FAX 262.896.8367
Identification and Referral, Development of the Individual Family Service Plan, Screening, Service Coordination for the eligible child, Evaluation, Birth To Three Referral

Washington County Birth to 3
620 Schoenhaar Drive
West Bend, WI 53090
(262) 306-8450

Milwaukee Birth to Three
414-289-6799

Milwaukee Public Library
414-286-3000
www.mpl.org

Menomonee Falls Library
W156 N8436 Pilgrim Rd. Menomonee Falls, WI 53051 (262) 532-8900

Germantown Library
N112W16957 Mequon Road, Germantown, Wisconsin 53022
262-253-7760 www.germantownlibrarywi.org

University of Wisconsin Milwaukee Programs

Educational Opportunity Center

414-229-2917

For 19 years and up. Assistance in GED/HSED, enrollment in college, financial aid application assistance

Future leaders 414-229-2843

For 9th-12 graders. Provides academic and social support services to students to help get them into UWM.

GEAR UP Program 414-229-2845

For middle and high school students. Provides tutoring, mentoring, financial aid assistance and cultural/ social activities.

Technical Colleges

Milwaukee Area Technical College

414-297-6282 (Main Line)

www.matc.edu

Waukesha County Technical College

262-691-5566

<http://www.wctc.edu>

UW Waukesha

262- 521-5200

www.waukesha.uwc.edu

UW Washington County

262- 335-5200

www.washington.uwc.edu

Pregnancy & Childcare Assistance

Children's Hospital Car Seat Clinic
414-607-5280
Free clinic on how to install a car seat

LaCausa Early Education and care center
Our mission is to provide children, youth and families with quality, comprehensive services to nurture healthy family life and enhance community stability.
www.lacausa.org
Phone: (414) 647-8750

Head Start
Early Childhood Programming Manager at (414) 475-8244 Milwaukee Public Schools

Childcare Assistance (Wisconsin Shares Childcare)
dwd.wisconsin.gov/dws/programs/childcare/wishares
Wisconsin's Child Care Subsidy program, Wisconsin Shares, helps families pay for child care. If the parent is eligible, child care can be subsidized for children under the age of 13 (up to 19 if special needs).

WIC
How do I get WIC benefits?
Call 262-896-8440 for a certification appointment.

Workforce Development Center
892 Main Street, Pewaukee, WI 53072
Phone: 1-888-446-1239

Children's service society of Wisconsin
620 S 76th St #120 Milwaukee, WI 53214
414- 453-1400
Children's Service Society of Wisconsin, a member of Children's Hospital and Health System, is the state's largest private, not-for-profit provider of child welfare services. Offices are located throughout the state of Wisconsin.

Safe Babies Health Families Inc.
434 Madison St. Waukesha WI 53188
Main Number: 262-524-4120
Resource Line: 262-548-4000
www.SafeBabiesHealthyFamilies.org

Safe Babies Healthy Families serves isolated, abused and pregnant young women and young, at-risk families who lack financial, health and social supports. Our community is well-served when prevention and early intervention services are provided to a high-risk population, increasing the chances that its members will succeed and become productive in our society. Our shared vision of breaking the cycle of child abuse,

neglect and poverty through education, support and resources made the merger an ideal way to provide seamless services to at-risk families and their children.

Recreation & Well Being

Menomonee Falls Community Education and Recreation

Menomonee Falls Community Education and Recreation Offers school year and summer programming for children, youth/ teens, adults, older adults and families. They also offer before and after school care.

(262) 255-8460 W152 N8645 Margaret Rd. Menomonee Falls WI, 53051

Germantown Park and Recreation

Website: <http://www.village.germantown.wi.us/parkRec.aspx>

(262) 250-4710 E-mail: parkrec@village.germantown.wi.us

Sussex Park and Recreation

Sussex Park and recreation offers year round recreational programming for individuals of all ages.

Financial assistance scholarships are available for individuals who live in Sussex. Call Amy Flaherty at (262) 246-6447 to learn more about financial assistance.

W240N5765 Maple Ave, Sussex WI 53089

(262) 246-6447

Website: <http://www.village.sussex.wi.us/ParkRecreation.php>

Tri-County YMCA- Menomonee Falls

The YMCA offers fitness, Childcare, summer programs, aquatics and family programming.

Financial assistance is available. There are multiple YMCA locations in Milwaukee and the surrounding area. Call to find the YMCA closest to you.

N84 W17501 Menomonee Avenue

PO Box 823, Menomonee Falls, 53052 Phone: (262) 255-9622

Disabilities

ADRC (Aging and Disability Resource Center of Waukesha County)
262-548-7848
www.waukeshawcounty.gov/adrc

Down Syndrome Association of Wisconsin
414-327-3729
3211 S lake dr. suite 113, St. Francis Wisconsin 53235

Goodwill industries of southeastern Wisconsin
414-353-6400 5300 N. 118th ct. Milwaukee WI 53225

Independence First
<http://www.independencefirst.org>
Offering advocacy, independent living skills training, information and referral, peer support and other comprehensive services in the Milwaukee four county metropolitan area
540 South 1st Street
Milwaukee, WI 53204-1516
414-291-7520 (V/TTY)

Wisconsin First Step Hotline 800-642-7837
Statewide resource and referral hotline for parents of children with special needs from birth through age 21 and service providers; also a central directory for statewide birth to 3 programs.

Citizens Advocacy
Phone: 262-334-3384
<http://www.cawashingtoncounty.org/>
Citizen Advocacy is an independent, non-profit organization that creates and supports one-on-one relationships between volunteer advocates and people with developmental disabilities.

Camps

Camp Pow Wow
Residential and day camp for all ages and disabilities
262-542-9811
www.waukeshaarch.org

Easter Seals of Southeast Wisconsin
Adults 16 and older with disabilities
414-482-0133
<http://eastersealswise.com>

Wisconsin Badger Camp
Children and adults with developmental disabilities
www.badgercamp.org

608-348-9689

Lions Camp

715-677-4969

www.wisconsinlionscamp.com

Citizen Advocacy of Washington County

102 S. Main Street, PO BOX 582

West Bend, WI 53095

Parenting Support

Safe Families for Children

1770 West Bradley Road
Brookfield, WI 53045 (Mailing)
Milwaukee, WI 53217
(414) 405-9318
iguffy@safe-families.org

Since 2005, Safe Families for Children has offered sanctuary to thousands of children, minimizing the risk for abuse or neglect and giving parents the time and tools they need to help their families thrive. The ultimate goal is to strengthen and support parents so they can become Safe Families for their own children

Family Promise of Washington County

143 N 8th Ave
West Bend, WI 53095
(262)353-9304
Provides resources and services to empower homeless families.

HOPE Network

N55 W17658 Christman Road, Menomonee Falls WI
262-251-7333
HOPE Network for Single Mothers is a volunteer-based grass roots support system. It provides emotional and material support to single mothers and their children in the greater Milwaukee area.

Big Brothers, Big Sisters of Greater Milwaukee

<http://www.bbbsmilwaukee.org>
414-258-4778
788 N Jefferson St, Suite 600
Milwaukee, WI 53202
Mentoring organization for boys and girls ages 6-12

Big Brothers and Big Sisters of Washington County

262-334-7896
103 South Main Street
West Bend, WI 53095
www.bbbswashco.org/

Abuse

National Sexual Assault Hotline

800-656-4673

At any given moment, more than 1,100 trained volunteers are on duty and available to help victims at RAINN-affiliated crisis centers across the country.

Child

For suspected Child Abuse call:

Waukesha County-

(262) 548-7212 between the hours of 8:00am and 4:30pm, Monday through Friday (excluding Holidays)

After hours call 211/First call for help

Milwaukee County- Bureau of Milwaukee Child Welfare

(414) 220-SAFE, (414) 220-7233

Available 24 hours a Day

Washington County-

Call (262)335-4888

If there is an immediate crisis call the crisis line at (262) 365-6565

Domestic Violence

Women's Center Waukesha County

<http://www.twcwaukesha.org>

If you need shelter, counseling or other Women's Center services, call The Women's Center's 24-hour crisis line at 542-3828

262-547-4600 Business

The Women's Center provides free and comprehensive services designed to address the issues of domestic violence, sexual assault and abuse.

Friends of Abused Families

PO Box 117

West Bend, WI 53095

24 hour crisis line: 262-334-7298

Business line 262-334-5598

Hartford crisis line 262-673-7298

Germantown crisis line 262-255-9488

Friends of Abused Families empowers and provides safety to those affected by domestic and sexual violence through support services and prevention education in Washington County.

Youth

Pathfinders

Services include a youth shelter, drop in center, programming for survivors of sexual violence (ages 6-17), a program for youth with sexual behavior problems, general mental health services and prevention services.

Path Finders:

4200 North Holton Street - Suite 400

Milwaukee, WI 53212

Phone: (414) 964-2565

Youth Shelter:

1614 East Kane Place

Milwaukee, WI 53202-1712

Phone: (414) 271-1560

Crossroads Runaway Program

Helpline (262) 212-8350

A free program, offered to youth in crisis and their families.

National Runaway Switchboard

800-786-2929

The Youth and Family Project

Waukesha: 1570 E. Moreland Blvd., Waukesha WI, 53186

Office: 262-547-7752

Helpline: 262-212-8350

Washington: 630 Elm Street, West Bend WI, 53095

They are located in Ozaukee, Washington and Waukesha counties. They provide a variety of counseling, support and educational services aimed at reuniting a family divided by crisis and enriching family relationships.

www.youthandfamilyproject.org

Suicide Hotline

National Hopeline Network

1-800-784-2433

Workforce Development/Employment

Employment - DVR Division of Vocational Rehabilitation
800-442-3477
dwd.wisconsin.gov/dvr

Mental Health Resources

Mental Health Association – Waukesha
S22 W22660 E. Broadway, Suite 5S, Waukesha, WI 53186
262-547-0769 211/First Call for Help 262-547-3388
<http://www.mhawauk.org/>

Clinical focus: Mental Health

The mission of the Mental Health Association is to promote mental health for all individuals and to work to improve the treatment and acceptance of people with a mental illness through advocacy, education, research, connection to resources, and direct service.

Mental Health Association operates three programs that enables us to educate and serve the community including community prevention, mobile crisis, and 211/First Call for Help, 24-hour helpline.

Populations served: Waukesha, Dodge, Jefferson, Walworth Counties

Waukesha County Mental Health
Department of Health and Human Services
Human Services Center, 500 Riverview Ave, Waukesha, WI 53188
262-548-7666 24-Hour Crisis Helpline: Call 211 or 262-547-3388
Monday through Friday from 8:00 am to 4:30 pm
<http://www.waukeshacounty.gov/>

Clinical focus: Mental Health and Substance Abuse

The Department of Health and Human Services is a County agency providing a wide range of confidential services designed to enhance the physical and emotional functioning of individuals and families in Waukesha County. The Department's varied and diverse services share a philosophical commitment to the dignity of the individual and a belief that individuals and families can with proper assistance, positively respond to the challenges that life's problems and crises present. Services are available to all County residents, regardless of race, creed, color, handicap or economic situation.

Populations served: Adults, Adolescents, Children, Geriatrics
Waukesha County

Washington County Mental Health

Human Services Department

333 East Washington Street, Suites 2100 and 3100, West Bend, WI 53095

262-335-4583 24-Hour Crisis Helpline: 262-365-6565

<http://www.co.washington.wi.us/>

Clinical focus: Mental Health and Substance Abuse

Washington County Human Services Department will, with dignity and respect, offer responsive and effective community programs to individuals and families challenged by disability, economic hardship, and safety concerns. Their commitment is to help facilitate self-sufficiency for those we serve and enhance the quality of life in our community.

The Department provides wide range of confidential services through four divisions: Access and Outreach, Behavioral Health, Children and Families, and Economic Support. The dedicated staff make every effort to support individuals and families as they achieve self-sufficiency and social well-being.

Populations served: Adults, Adolescents, Children, Geriatrics
Washington County

Milwaukee County Mental Health

Behavioral Health Division

9455 Watertown Plank Road, Milwaukee, WI 53226

262-257-6995 24-Hour Crisis Helpline: 262-257-7222 <http://county.milwaukee.gov/>

Clinical focus: Mental Health and Substance Abuse

The Behavioral Health Division of Milwaukee County offers psychiatric crisis services through a 24-hour crisis line and admission center. Services include assessment, crisis intervention and medications. The center has the capacity for client observation for up to 48 hours as needed.

A mobile team of clinicians can be sent to a site to provide assessments, interventions or referrals. The team is available Monday through Friday from 9 a.m. to midnight and on Saturday, Sunday and holidays from 11:30 a.m. to 8 p.m.

Additionally, Milwaukee County offers inpatient services to mentally ill adults, children and adolescents who need the support of a hospital environment. The services are provided by a multi-disciplinary team of mental health professionals in specialized programs to meet the needs of the individual.

Populations served: Adults, Adolescents, Children, Geriatrics

Milwaukee County

James Place

129 W. Broadway, Waukesha, WI 53186

262-544-9472

Mon & Tues 9:00 – 3:00

www.jamesplacewi.org

Clinical focus: various

James Place is a community resource of Elmbrook Church serving downtown Waukesha and surrounding neighborhoods. They provide help for job seekers, community resource information, and supportive services from a community parish outreach nurse, counseling interns, and budget coaches. All services and programs are for anyone in the community and free of charge. Other classes and groups include: freedom from smoking class, women's exercise, tutoring for youth, listener's club for those learning English, computer classes in Spanish, Bible studies for various populations, and Overcomer's Outreach, a 12-step program for recovery.

Populations served: Adults, Women, Adolescents, Children

Mental Health – Hospitals

Froedtert Health Community Memorial Hospital

W180 N8085 Town Hall Road, Menomonee Falls, WI 53051

262-251-1005

<http://www.communitymemorial.com/>

Clinical focus: Mental Health and Substance Abuse

Behavioral Health Services at Community Memorial provide individualized treatment services and clinical coordination designed to help those affected by behavioral health issues, psychiatric disorders or substance abuse. Highly integrated services facilitate rapid stabilization of acute symptoms and enduring recovery. Treatments are offered for acute symptoms associated with anxiety, depression, thought disorders, and substance abuse.

Populations served: Adults, Geriatrics

Rogers Memorial Hospital

Oconomowoc

34700 Valley Road

262-646-4411

Brown Deer

4600 Schroeder Drive

414-355-9000

Kenosha

9916 75th Street

262-942-4000

Milwaukee

11101 W. Lincoln Ave

414-327-6045

Main Number 800-767-4411

<http://rogershospital.org/>

Clinical focus: Mental Health, Substance Abuse, Specialty Programs

Rogers is a comprehensive psychiatric hospital nationally recognized for specialty mental health treatment. They offer a broad spectrum of treatment levels for working through the challenges of anxiety, depression, substance abuse, bipolar disorder and other behavioral health care concerns, such as eating disorders and obsessive-compulsive disorders.

Populations served: Adults, Adolescents, Children, Geriatrics

Aurora Behavioral Health Services

1220 Dewey Avenue, Wauwatosa, WI 53213

(877) 666-7223

<http://www.aurorahealthcare.org/>

Clinical focus: Mental Health and Substance Abuse

Offers complete mental health treatment options, provided by highly trained professionals in a caring, confidential manner to meet individual and family needs. Therapeutic services include: anxiety disorders, bipolar disorders, depression, eating disorders, stress disorders, and substance abuse. Levels of care provided are: inpatient, partial hospitalization, residential treatment, and outpatient services.

Populations served: Adults, Adolescents, Children, Geriatrics

Mental Health – Outpatient Clinics

Froedtert Health Medical Group

N91 W17271 Appleton Ave, Suite 1, Menomonee Falls, WI

262-502-3300

<http://www.froedterthealth.org>

Clinical focus: Mental Health

Provides high quality, behavioral health care in a confidential manner and comfortable environment. Therapeutic expertise includes: individual psychotherapy, marriage and family counseling, stress management, comprehensive diagnostic evaluations, medication management, and more.

Populations served: Adults, Adolescents, Children, Geriatrics

Affiliated Clinical Services

West Bend

400 W. River Drive West Bend

262-338-2717

Hartford

38 Sell Drive Hartford

262-673-0301

<http://www.affiliatedclinical.com/>

Clinical Focus: Mental Health and Substance Abuse

Affiliated Counseling provides therapy services to those seeking a comprehensive, personalized supportive approach in finding solutions to life's problems. They offer individual therapy for many mental health conditions and group therapy for substance abuse in adults and adolescents.

Populations serviced: Adults, Adolescents, Children

Cornerstone Counseling Services

Brookfield	16535 W. Bluemound Rd. Suite 200	262-789-1191
Oconomowoc	888 Thackeray Trail Suite 105	262-567-3232
Waukesha	741 N. Grand Ave. Suite 302	262-542-3255
West Bend	279 S. 17th Ave. Suite 10	262-306-8994

<http://www.cornerstonecounseling.com/>

Clinical focus: Mental Health and Substance Abuse

Southeastern Wisconsin's leading, private, state-certified outpatient clinic addressing both mental health and alcohol/drug abuse needs, Cornerstone offers a complete range of specialized expertise, services, and locations. They provide individualized therapy and teach the skills required to reconnect with yourself and loved ones, regain the quiet confidence that comes from recognizing choices and making conscious decisions, and live your life as the person you envision yourself to be.

Populations served: Adults, Adolescents, Children

Turcott Medical & Psychiatric Associates

2600 N Mayfair Road, Suite 785, Milwaukee, WI 53226
414-258-5704

<http://turcottmedical.com/>

Clinical focus: Mental Health

Turcott Medical is a private, outpatient clinic providing specialized mental health care for all ages. They offer individual, couple, marital, and family counseling; psychology testing, psychiatric evaluations, and medication management.

Populations served: Adults, Adolescents, Children, Geriatrics

ARO Behavioral Healthcare

Brown Deer	8200 W. Brown Deer	414-362-8147
Port Washington	101 E. Pier Street	262-284-3117
Waukesha	2314 N. Grandview Blvd.	262-524-9416
West Bend	1622 Chestnut Street	262-338-9498

<http://www.arobhc.com/>

Clinical focus: Mental Health and Substance Abuse

ARO Behavioral Healthcare has a passion for facilitating recovery for individuals suffering from mental health and substance abuse disorders. They are dedicated to helping their clients, individually reclaim their lives and become fulfilling members of the community.

Populations served: Adults, Adolescents, Children

Mental Health – Youth

Childynamics

11904 W. North Avenue, Suite 110, Wauwatosa, WI 53226

414-258-4318

<http://www.childynamics.com/>

Clinical focus: Mental Health

Childynamics is a Wisconsin state licensed facility which specializes in mental health services for children and adolescents, ages 4-16 years with behavioral and/or emotional difficulties at home, school, or the community. Services provided are: day treatment, individual and family therapy, psychological evaluations for children and adolescents.

Populations served: Adolescents, Children

Milwaukee, Waukesha, Washington, Ozaukee, Racine and Kenosha County

Alcohol and Other Drug Abuse (AODA)

Froedtert Health Community Recovery Center

W180 N8085 Town Hall Road, Menomonee Falls, WI 53051

262-257-4770

<http://www.communitymemorial.com/>

Clinical focus: Substance Abuse

The Community Recover Center at Community Memorial provides an intensive outpatient program for people struggling with chemical dependency who do not require extensive inpatient care. Services are designed to help people who may benefit from brief, intensive treatment, starting with an individual assessment and followed by an intensive four-week outpatient group treatment program.

Populations served: Adults, Adolescents (assessment only)

Addiction Resource Council

741 N Grand Ave Center City Plaza, Suite 300 Waukesha, WI 53186
262-524-7921
24-Hour Crisis Helpline 262-524-7920
Monday through Friday from 8:30 am to 4:30 pm
<http://www.arcouncil.net/>

Clinical focus: Substance Abuse & other behavioral health disorders.
The Addiction Resource Council, Inc. is committed to serving the residents of Waukesha County by providing education, intervention, assessment, and referral services; as well as leadership; for collaboration among institutions, organizations and community-based agencies.

Population served: Waukesha County

Council on Alcohol and Other Drug Abuse-Washington County

1625 East Washington Street #300, West Bend WI 53095
262-335-6888 Hartford Office 262-670-1003
<http://councilonaoda.org/>

Clinical focus: Substance Abuse
The Council serves the community by educating individuals and families on responsible and legal choices regarding alcohol, tobacco and other drugs. They provide support and motivation for individuals to build health lives free from abuse and addiction.

Populations served: Adults, Adolescents, Children

Genesis Behavioral Services

1626 Clarence Court, West Bend, WI 53095
262-338-8611
Comprehensive Women's Recovery
279 South 17th Avenue Suite 9, West Bend, WI 53095
262 306-4392

Clinical focus: Substance Abuse
Genesis offers substance abuse treatment in an outpatient, partial, or day treatment setting. They specialize in individuals with co-occurring mental health and substance abuse disorders, pregnancy/postpartum women, DUI offenders, and clinical justice clients.

Populations served: Adults, Women

Exodus House

1421 Fond du Lac Avenue, Kewaskum, WI 53040
262-626-4166
<http://www.exodus-house.com/>

Clinical focus: Substance Abuse

Exodus House is a 20 bed, state licensed and state certified Transitional Living Facility in Kewaskum, WI, helping adult males recovering from alcohol and drug dependency.

Populations served: Adult, Male

Wisconsin Tobacco Quit Line

1-800-Quit Now

<http://www.ctri.wisc.edu/quitline.html>

Clinical focus: Tobacco and Smoking Cessation

The Wisconsin Tobacco Quit Line offers free, confidential, non-judgmental coaching and information about how to quit. Quit coaches help each caller develop an individualized quit plan, including selecting a quit date. The Quit Line also sends callers a free quit guide with information about quitting methods, medications and other tips.

Populations served: Adults, Adolescents

Grief and Bereavement

Kyle's Corner

7106 W. North Avenue, Wauwatosa, WI 53213

414-777-1585

<http://www.kyleskorner.org/>

Clinical focus: Grief and Bereavement

Kyle's Korner is dedicated to helping grieving children, teens and their families who are coping with the death of a loved one. They provide support groups in an innovative approach to non-pathological grief involving expression through play, art and sharing. The center's design includes specific rooms dedicated to certain play activities: A puppet and doll room for small children to act out their feelings, an art room for creative displays, and an activity room for teenagers to interact and share.

Populations served: Adolescent, Children, Families

My Good Mourning

4005 W. Oklahoma Ave, Milwaukee, WI 53215

414-719-5385

<http://www.mygoodmourningplace.org/>

Clinical focus: Grief and Bereavement

My Good Mourning Place is a bereavement center especially designed to help children and teens cope with the death of a loved one. Services are volunteer-based and free to the families served. Kids are invited to share their thoughts and memories in a safe, caring and home-like environment, while trained facilitators help them to communicate their feelings and integrate the loss into their lives by leading groups in various projects (art, drama, music, play).

Populations served: Adolescents, Children

Mental Health Care Education

Outpatient Therapy Services

Outpatient services include office-based individual, group, or family therapy on a weekly (or less frequent) basis.

Intensive Outpatient Programs

Intensive Outpatient programs (IOP) provide structured, time-limited transitional services to help the patient stabilize and then return to their daily activities and a less intensive level of care. IOP consists of a half day programming 3-4 times per week.

Partial Hospitalization Programs

Partial Hospitalization Programs (PHP) provide intensive transitional mental health services to individuals who require a full day of individual structured services 4-5 days per week to prevent inpatient psychiatric hospitalization.

Residential Treatment Centers

Residential treatment centers provide a 24-hour intensive and structured and treatment program for disorders that have become so habitual or addictive that trying to eliminate them on an outpatient basis can be nearly impossible. While residential centers utilize medical staff, it is not on a 24-hour basis; therefore, residents must be medically stable.

Inpatient Services

Inpatient treatment is necessary for those who need constant nursing care, those who are severely depressed or suicidal, and those who are unable to break the cycle of their illness in a less restrictive level of care. Because of the short-term nature of inpatient treatment, a major focus is to stabilize symptoms and develop a plan for continued treatment of the illness outside the inpatient program.

Uninsured/Underinsured Health Care Support

Badger Care Plus

- Pregnant women
- Children (under age 19)
- Dependent 18 year old children who attend high school
- Children living with relatives

Since February 1, 2008, all children in Wisconsin have been able to get the health care they need at a price their families can afford through BadgerCare Plus. BadgerCare Plus allows every Wisconsin family, regardless of income, to have access to affordable, comprehensive health care coverage for their kids. In addition, BadgerCare Plus also offers coverage for more pregnant women, self-employed parents and farmers, and youth aging out of foster care. Low income families can enroll their children into BadgerCare Plus at no charge. Family must cooperate with Child Support in order to be eligible. Co-payments for health care services range from \$.50 to \$3.00 for families with lower incomes. Families with higher incomes will be required to pay reasonable monthly premiums and co-payments for certain services. Co-payments for health care services range from \$5.00 for prescription drugs and \$100.00 for a hospital stay. Under both plans, there are no co-payments for well child checkups and other preventive services. It is easy to apply for BadgerCare Plus. Simply go to www.badgercareplus.org and fill out the online application for this program and other health and nutrition programs. The online application is a convenient way for families to access the health and nutrition benefits they need. For more information about BadgerCare Plus call 1-800-362-3002.

Medicaid

Medical Assistance (T-19) for elderly, blind or disabled individuals including nursing home and family care

Potentially eligible income adults:

- Persons 65 or older or blind or disabled
- Persons residing in institutions or nursing homes
- SSI Recipients

The Medical Assistance Program pays for medical care for eligible people. Eligibility is based on your family's gross (before taxes) income. There is an asset limit for some Medical Assistance Programs. Eligible recipients receive an EBT card called a Forward Card (like a debit/credit card) which is used to pay for all necessary medical expenses. Some services require co-payment. If you are under-insured and/or don't have health coverage you may be eligible for Medical Assistance.

Go to www.access.wi.gov or call 1-888-446-1239 to apply.