While Randal is talking with Carol and Shayna, another friend Moira is making her third trip to the restroom to wash her hands.

Moira has become 15 ________ with the idea that doorknobs or any objects handled by others are full of germs. By giving in to her 16 ________, to wash her hands, she thinks she eliminates the germs. But this constant hand-washing is interfering with her everyday life.

One useful explanation for Moira's behavior is biological: Brain scans have shown that an area that monitors our actions and checks for errors, the 17 ________ cortex, is especially likely to be hyperactive in people with Moira's disorder.

Alternatively, learning theorists would say that actions such as frequent hand-washing reduce a sufferer's 18 ________, thus reinforcing the hand-washing.

As they talk, the four friends remember Shayna's brother Shawn, who is an Army lieutenant serving in Afghanistan. In his many e-mails, he has described to Shayna some horrific situations. Shayna fears that when Shawn returns, he will have nightmares and suffer other constant reminders of the horrors he has seen, which would be symptoms of 19 ________ disorder.

As explained by 20 ________ theorists, any reminders of his war-time experiences will bring out feelings of 21 ________.

Answers may be found in the Appendix at the end of this booklet.