Klaus is 18 years old and, like all adolescents, he is trying to figure out who he is.

He wants to know why he thinks, feels, and acts the way he does; that is, he wants to define his ________________.

Klaus decides to read about the various personality theorists, beginning with

Sigmund __________, who believed that most of the mind is hidden from view and therefore __________, and that personality is a product of the __________ between our basic sexual and aggressive impulses, directed by the __________, and social restraint derived from the __________.

After reading about this psychoanalytic theory, Klaus decided that his long-standing aggressive behavior toward his younger brother could have been the result of __________ his anger with his parents for being so strict.

This would protect him from the __________ he might feel if he were to express that anger.

Perhaps the part of his personality called the __________ redirects his anger, and so the hitting of his brother is a __________ mechanism called __________.

Klaus also thought that he may have __________ his behavior by saying that his brother needed the discipline.

Answers may be found in the Appendix at the end of this booklet.