
















This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>KMS Lunch Prices: \$2.75 Daily \$3.75 Adult Daily Lunch \$.35 Milk</p> <p><i>Milk is included with each student meal.</i></p> <p>Account Balance: Please access your account on-line at www.Germantownschoools.org. Make checks payable to: Germantown Food & Nutrition and include your child's name on your payment.</p>			<p>* Contains Pork</p> 	<p>1</p> <p>Big Daddy Pizza* or Crunchy Fish Sticks or Macaroni & Cheese Roasted Baby Potatoes Creamy Cole Slaw Fresh Banana</p>	<p>Cal 669 T.Fat 18.96 G S.Fat 6.2 G Chol 47.5 Mg Sodm 951.59 Mg Carb 98.79 G Fiber 8.2 G Prtn 32.02 G Iron 3.57 Mg Calc 570.85 Mg Vit A 32.26 RE Vit C 18.20 Mg</p>
<p>4</p> <p>Mandarin Orange Chicken or Mini Corn Dogs Seasoned Broccoli Mandarin Oranges Fortune Cookie</p> 	<p>5</p> <p>Chicken Tenders or Grilled Cheese Sandwich or Chicken Alfredo Breadstick Tomato Soup Pineapple Tidbits 100% Fruit Sherbet Cup</p>	<p>6 Ash Wednesday</p> <p>Sub Sandwich Bar (Ham* or Turkey) or Stuffed Crust Cheese Pizza or Bag of Fluffy Pancakes w/Egg & Cheese Omelet or Breaded Chicken Filet Sandwich Steamed Peas, Chilled</p>	<p>7</p> <p>Popcorn Chicken or Turkey & Gravy Mashed Potatoes Savory Corn Applesauce Cup Fresh Baked Cinnamon Roll</p>	<p>8</p> <p>Big Daddy Pizza* or Mozzarella Sticks Seasoned Curly Fries Sweet Carrot Coins Seasonal Fresh Fruit</p> 	<p>Cal 670 T.Fat 18.11 G S.Fat 5.2 G Chol 61.8 Mg Sodm 1100.96 Mg Carb 94.09 G Fiber 7.8 G Prtn 35.32 G Iron 3.31 Mg Calc 499.17 Mg Vit A 32.96 RE Vit C 31.73 Mg</p>
<p>11</p> <p>BBQ Chicken Wings w/Soft Baked Pretzel Rod or Cheese Quesadilla Savory Potato Wedges Vegetarian Baked Beans Assorted Juice Cup</p>	<p>12</p> <p>Beefy Nachos or Chicken Enchilada or Chicken Tenders Wrap Cheesy Refried Beans Chilled Pears Assorted Juice Cup Rice Krispie Treat</p>	<p>13</p> <p>Domino's Cheese or Pepperoni Pizza or Cook's Choice Sweet Carrot Coins Dinner Roll Seasonal Fresh Fruit</p>	<p>14</p> <p>Spaghetti w/Meat Sauce, Parmesan Cheese & Garlic Bread or Hot Dog* or Chili Dog* Seasoned Green Beans Cinnamon Applesauce</p> 	<p>15</p> <p>Big Daddy Pizza* or Popcorn Chicken or WG Chicken Egg Roll NEW ITEM "Waffle Fries" Seasonal Fresh Fruit Mint Fudge Ice Cream Cup</p>	<p>Cal 659 T.Fat 19.69 G S.Fat 6.7 G Chol 56.1 Mg Sodm 1068.49 Mg Carb 91.37 G Fiber 8.1 G Prtn 30.82 G Iron 4.09 Mg Calc 519.12 Mg Vit A 34.09 RE Vit C 23.18 Mg</p>
<p>18</p> <p>Pizza Dippers or Chicken Patty Sandwich or BBQ Pork Rib* Sandwich Sweet Potato Fries Warm Cinnamon Apples Vanilla Ice Cream Cup</p>	<p>19</p> <p>Soft Shell Taco or Macaroni & Cheese or Chicken Tenders Cheesy Refried Beans Crisp Apple Assorted Sorbet</p> 	<p>20</p> <p>Sub Sandwich Bar (Ham* or Italian*) or Bacon* Cheeseburger or Large Corn Dog Vegetarian Baked Beans Assorted Juice Cup Bag of Chips</p>	<p>21</p> <p>Popcorn Chicken or Meatballs w/Gravy Mashed Potatoes Savory Corn Chilled Pears Fresh Baked Cinnamon Roll</p> 	<p>22</p> <p>Big Daddy Pizza* Big Daddy or Chicken Nuggets or Grilled Cheese Sandwich Baked Spudster Potatoes Tomato Soup Assorted Juice Cup Ice Cream Sandwich</p>	<p>Cal 693 T.Fat 19.94 G S.Fat 6.7 G Chol 59.7 Mg Sodm 1172.76 Mg Carb 95.96 G Fiber 7.9 G Prtn 34.50 G Iron 3.06 Mg Calc 501.40 Mg Vit A 40.73 RE Vit C 18.47 Mg</p>
					<p>Spring Break</p>