









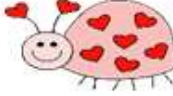





KMS February 2019

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Director of Food and Nutrition:
Shelley Juedes - 262-253-3419

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>KMS Lunch Prices: \$2.75 Daily \$3.75 Adult Daily Lunch \$.35 Milk</p> <p><i>Milk is included with each student meal.</i></p>		<p>* Contains Pork</p> 		<p>1</p> <p>Big Daddy 4 Meat* or Cheese Pizza or Popcom Chicken or WG Chicken Egg Roll Baked French Fries Chilled Strawberry Cup</p>	<p>Cal 683 T.Fat 22.91 G S.Fat 5.3 G Chol 73.0 Mg Sodm 1041.80 Mg Carb 89.31 G Fiber 6.6 G Prtn 31.28 G Iron 2.96 Mg Calc 456.11 Mg Vit A 35.94 RE Vit C 9.75 Mg</p>
<p>4</p> <p>Pizza Dippers or Chicken Patty Sandwich or BBQ Pork Rib* Sandwich Sweet Potato Fries Warm Cinnamon Apples Ice Cream Cup</p>	<p>5</p> <p>Soft Shell Taco or Macaroni & Cheese or Chicken Tenders Cheesy Refried Beans Crisp Apple Assorted Sorbet</p> 	<p>6</p> <p>Soup Bar w/Bosco Stick (Chicken Noodle, Broccoli Cheese, Hearty Chili) or Bacon* Cheeseburger or Large Corn Dog California Blend Vegetables Assorted Juice Cup Bag of Chips</p>	<p>7</p> <p>Popcom Chicken or Meatballs w/Gravy or Pizzaburger on a Bun Mashed Potatoes Fresh Baked Cinnamon Roll Savory Corn Chilled Pears</p>	<p>8</p> <p>Big Daddy 4 Meat* or Cheese Pizza or Chicken Nuggets or Grilled Cheese Sandwich Baked Spudster Potatoes Tomato Soup Seasonal Fresh Fruit President Cookies</p> 	<p>Cal 687 T.Fat 19.30 G S.Fat 6.3 G Chol 58.1 Mg Sodm 1109.18 Mg Carb 96.15 G Fiber 8.8 G Prtn 35.94 G Iron 4.61 Mg Calc 556.05 Mg Vit A 38.78 RE Vit C 27.08 Mg</p>
<p>11</p> <p>Mandarin Orange Chicken or Bosco Sticks Seasoned Broccoli Pineapple Tidbits Fortune Cookie</p> 	<p>12</p> <p>Chicken Nuggets w/Garlic Bread or Dutch Waffle w/2 Breakfast Sausage or Homemade Italian Lasagna Garlic Bread Seasoned Curly Fries Steamed Peas Applesauce Cup</p>	<p>13</p> <p>Domino's Cheese or Sausage Pizza or Cook's Choice or Sweet Carrot Coins Chilled Pears Assorted Juice Cups</p>	<p>14</p> <p>Sweetheart Spaghetti w/Meat Sauce or Cupids Mini Com Dogs Forget-Me-Not Garlic Bread Craze-4-U Mixed Vegetable Cutie Pie Juice Cup Valentine Sugar Cookie</p> <p>HAPPY VALENTINE'S DAY ♥</p> 	<p>15</p> <p>Variety of Homemade Pizza* or Chicken Tenders or Stoppy Joe Sandwich Baked French Fries Chilled Peaches Ice Cream Sandwich</p>	<p>Cal 651 T.Fat 18.65 G S.Fat 6.6 G Chol 58.2 Mg Sodm 1004.49 Mg Carb 90.95 G Fiber 7.3 G Prtn 33.01 G Iron 3.40 Mg Calc 469.07 Mg Vit A 39.81 RE Vit C 17.98 Mg</p>
<p>18</p> <p>NO SCHOOL TEACHER IN-SERVICE</p> 	<p>19</p> <p>General TSO Chicken or Cinnamon French Toast w/Scrambled Eggs or Mini Cheese Ravioli w/Garlic Bread Mini Tri-Taters Applesauce Cup</p>	<p>20</p> <p>Sub Sandwich Bar (Ham* or Salami*) or Wild Mike's Cheese Pizza or Chicken Tenders Seasoned Green Beans Chilled Peaches Bag of Chips</p> 	<p>21</p> <p>Chicken Nuggets w/Dinner Roll or 2 Salisbury Steak w/Dinner Roll or Cheeseburger Mashed Potatoes California Blend Vegetables Fresh Banana</p>	<p>22</p> <p>Big Daddy 4 Meat* or Cheese Pizza or Breaded Chicken Filet Sandwich or Large Corn Dog Crispy Baked Onion Rings Steamed Broccoli w/Cheese Assorted Juice Cup</p>	<p>Cal 638 T.Fat 19.15 G S.Fat 5.9 G Chol 71.7 Mg Sodm 1118.51 Mg Carb 83.38 G Fiber 6.9 G Prtn 35.57 G Iron 3.34 Mg Calc 444.74 Mg Vit A 33.90 RE Vit C 19.32 Mg</p>
<p>25</p> <p>Popcom Chicken or Mozzarella Sticks or Warm Ham* & Cheese Hoagie Seasoned Green Beans Pineapple Tidbits Ice Cream Cup</p>	<p>26</p> <p>Soft Shell Taco or Spicy Boneless Chicken Wings or Fish Sandwich w/Cheese Dinner Roll Cheesy Refried Beans Applesauce Cup</p> 	<p>27</p> <p>Soup Bar w/Bosco Stick (Chicken Dumpling, Broccoli Cheese, Hearty Chili) or Cinnamon French Toast w/2 Breakfast Sausages* or Breaded Chicken Filet Sandwich or Cook's Choice Carrots & Celery, Ranch Dip, Raisels, Double Chocolate Chip Cookie</p>	<p>28</p> <p>Spaghetti w/Meat Sauce & Parmesan Cheese or Spicy Chicken Tenders or Double Cheeseburger Breadstick Savory Corn Assorted Juice Cup</p> 	<p>if school is closed due to the weather, the menu for that day will be served the day school resumes.</p> 	<p>Cal 637 T.Fat 19.28 G S.Fat 6.1 G Chol 73.8 Mg Sodm 996.07 Mg Carb 84.09 G Fiber 7.1 G Prtn 34.50 G Iron 35.11 Mg Calc 549.37 Mg Vit A 35.23 RE Vit C 20.47 Mg</p>