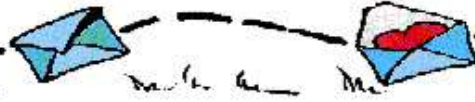


* Contains Pork

February 2019

Elementary



Director of Food and Nutrition: Shelley Juedes - 262-253-3419

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>DAILY LUNCH PRICES \$2.55 Elementary \$3.75 Adult Lunch \$.35 Milk</p> <p><i>Milk is included with each student meal.</i></p> <p>Account Balance: Please access your account on-line at www.Germantownschools.org. Make checks payable to: Germantown Food & Nutrition and include your child's name on your payment.</p>					
				<p>1 Popcorn Chicken or Crunchy Fish Sticks Baked French Fries Fresh Garden Bar Chilled Strawberries</p>	<p>Cal 617 T.Fat 20.78 G S.Fat 3.3 G Chol 35.2 Mg Sodm 933.02 Mg Carb 82.10 G Fiber 8.5 G Prtn 25.11 G Iron 3.26 Mg Calc 356.99 Mg Vit A 34.58 RE Vit C 23.06 Mg</p>
<p>4 Mozzarella Sticks or Bag of Fluffy Eggo Pancakes w/Scrambled Eggs Fresh Garden Bar Warm Cinnamon Apples Strawberry Banana Johnny Pop Smoothy Bar</p>	<p>5 1 Soft Shell or 2 Hard Shell Tacos or Macaroni & Cheese Fresh Garden Bar Mini Pretzel Bite Cheesy Refried Beans Fresh Apple Wedges w/Caramel Dip</p>	<p>6 Cheeseburger or Trix Yogurt Cup w/Chocolate Chocolate Chip Muffin & String Cheese Fresh Garden Bar California Blend Vegetables Chilled Peaches</p>	<p>7 Popcorn Chicken or Meatballs w/Gravy Mashed Potatoes w/Gravy Fresh Garden Bar Fresh Baked Cinnamon Roll Savory Corn Chilled Pears</p>	<p>8 Crispy Breaded Chicken Drumstick or Cheesy Cheese Pizza Potato Smiles Fresh Garden Bar Seasonal Fresh Fruit President Cookies</p>	<p>Cal 603 T.Fat 16.46 G S.Fat 5.4 G Chol 67.5 Mg Sodm 933.25 Mg Carb 87.27 G Fiber 9.5 G Prtn 27.72 G Iron 5.20 Mg Calc 528.85 Mg Vit A 38.02 RE Vit C 20.27 Mg</p>
<p>11 Mandarin Orange Chicken or Dutch Waffle w/2 Breakfast Sausages* Fresh Garden Bar Pineapple Tidbits Fortune Cookie</p>	<p>12 Bosco Sticks or Chicken Nuggets Seasoned Curly Fries Fresh Garden Bar Steamed Peas Applesauce Cup</p>	<p>13 Domino's Cheese Pizza or Fish Wedge Fresh Garden Bar Sweet Carrot Coins Chilled Pears Assorted Juice Cup</p> <p>FEB</p>	<p>14 Sweetheart Spaghetti w/Meat Sauce or Cupid's Mini Corn Dogs Be-mine Garden Bar Forget-me-not Garlic Bread Crazy-4-U Strawberry Cup Valentine Sugar Cookie</p> <p>HAPPY VALENTINE'S DAY</p>	<p>15 Stoppo Joe Sandwich or Chicken Tenders Baked French Fries Fresh Garden Bar Chilled Peaches Ice Cream Sandwich</p>	<p>Cal 605 T.Fat 18.36 G S.Fat 5.2 G Chol 47.0 Mg Sodm 914.52 Mg Carb 87.02 G Fiber 7.1 G Prtn 24.54 G Iron 3.18 Mg Calc 420.32 Mg Vit A 39.04 RE Vit C 22.36 Mg</p>
<p>18 NO SCHOOL TEACHER IN-SERVICE</p>	<p>19 Mini Chocolate Chip French Toast w/Scrambled Eggs or Mini Cheese Ravioli Mini Tri-Taters Fresh Garden Bar Strawberry Craisins</p>	<p>20 BIRTHDAY'S CELEBRATION Sub Sandwich* or Crispy Chicken O's Potato Smiles Fresh Garden Bar Chilled Peaches Rice Krispie Treat</p>	<p>21 Chicken Nuggets or Salisbury Steak Mashed Potatoes w/Gravy Fresh Garden Bar Dinner Roll California Blend Vegetables Fresh Banana</p>	<p>22 Large Corn Dog or Trix Yogurt Cup w/Chocolate Chocolate Chip Muffin & String Cheese Sweet Potato Fries Fresh Garden Bar Assorted Juice Cup</p> <p>National Sweet Potato Day</p>	<p>Cal 631 T.Fat 14.56 G S.Fat 4.4 G Chol 85.1 Mg Sodm 1012.64 Mg Carb 99.05 G Fiber 8.9 G Prtn 25.88 G Iron 3.84 Mg Calc 415.76 Mg Vit A 44.69 RE Vit C 13.41 Mg</p>
<p>25 Popcorn Chicken or Hamburger Tater Gems Fresh Garden Bar Seasoned Green Beans Pineapple Tidbits</p>	<p>26 1 Soft Shell or 2 Two Hard Shell Tacos or Bosco Sticks Fresh Garden Bar Cheesy Refried Beans Chilled Peaches Double Chocolate Chip Cookie</p>	<p>27 Cinnamon French Toast w/2 Breakfast Sausages* or Wild Mike's 5" Cheese Pizza Fresh Garden Bar Steamed Peas Chilled Strawberry Cup</p> <p>Strawberry Milk Day</p>	<p>28 Spaghetti w/Meat Sauce & Parmesan Cheese or Chicken Tenders Fresh Garden Bar Breadstick Savory Corn Assorted Juice Cup</p>	<p> If school is closed due to the weather, the menu for that day will be served the day school resumes.</p>	<p>Cal 624 T.Fat 19.42 G S.Fat 6.3 G Chol 52.6 Mg Sodm 898.36 Mg Carb 84.64 G Fiber 9.1 G Prtn 29.69 G Iron 32.33 Mg Calc 495.84 Mg Vit A 34.11 RE Vit C 16.61 Mg</p>