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FOR IMMEDIATE RELEASE

GERMANTOWN HIGH SCHOOL STUDENTS RECEIVE CPR AND AED TRAINING

On November 15, Principal Farren facilitated a meeting with John Delain, Germantown Deputy Fire Chief and Greg Siegert, Germantown High School Department Chair for Physical Education and Health. Mr. Delain had approached Mr. Farren about an initiative to receive a "Heart Safe Designation" for the Village of Germantown by training 10% of the population in CPR.

On Thursday, January 5, **491** students who are currently enrolled in Physical Education classes at GHS received "Hands only CPR" and AED training during their regularly scheduled Physical Education classes.

Here is some information from Germantown Fire Chief Gary Weiss:

Sudden Cardiac arrest, an electrical malfunction of the heart that causes an irregular heartbeat (arrhythmia) and disrupts the flow of blood to the brain, lungs and vital organs, accounts for over 369,000 out of hospital cardiac arrests that occur in the United States. According to the American Heart Association, currently only 3%-5% of out of hospital cardiac arrest victims make it to the hospital alive. The only thing that can save a life of a cardiac arrest victim is chest compressions and the use of an Automatic Defibrillator (AED). For every minute of delay in this treatment, the chances of survival are greatly reduced.

Germantown High School, in conjunction with the Germantown Fire Department, are partnering to increase the survivability of witnessed cardiac arrests. Students at the High School will be trained in Hands Only CPR and the use of AED's. With this training we are putting hundreds of trained persons in the community that may assist in saving a life.

This program presented by the Germantown Fire Department and sponsored by Heart Safe Wisconsin.

Thank you to John Delain, Gary Weiss and Greg Siegert for offering and accommodating this worthy training event. Also, thank you to the media members who came to GHS to do a story on this.

WISN 12: <http://wisn.com/article/germantown-high-school-students-learn-cpr/8566234?src=app>

TMJ4: <http://www.tmj4.com/news/local-news/germantown-high-school-students-learn-cpr-in-phy-ed-class>



