














* Contains Pork

Elementary

April 2019

Director of Food and Nutrition: Shelley Jue des - 262-253-3419



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>1</p> <p>Hot Dog or Mini Bagel Cheese Pizzas Fresh Garden Bar Vegetarian Baked Beans Applesauce Cup Scooby Doo Graham Snack</p> 	<p>2</p> <p>Mini Chocolate Chip French Toast w/Egg and Cheese Omelet or Mini Cheese Ravioli Mini Tri-Taters Fresh Garden Bar Strawberry Craisins</p>	<p>3</p> <p>Crispy Chicken O's or Macaroni & Cheese Potato Smiles Fresh Garden Bar Chilled Peaches Chocolate Chip Cookie</p> 	<p>4</p> <p>Spaghetti w/Meat Sauce, Parmesan Cheese & Garlic Bread or Hot Ham* and Cheese on a Pretzel Bun Fresh Garden Bar Steamed Broccoli Chilled Peas</p> 	<p>5</p> <p>Chicken Tenders or Cheese Quesadilla Baked French Fries Fresh Garden Bar Apple Slices w/Caramel Dip</p> <p>National Caramel Day</p>	<p>Cal 633 T.Fat 18.56 G S.Fat 5.5 G Chol 69.0 Mg Sodm 1089.70 Mg Carb 88.88 G Fiber 7.6 G Prtn 27.95 G Iron 3.81 Mg Calc 484.47 Mg Vit A 37.03 RE Vit C 16.87 Mg</p>
<p>8</p> <p>Mandarin Orange Chicken or Dutch Waffle w/2 Breakfast Sausages* Fresh Garden Bar Pineapple Tidbits Fortune Cookie</p> 	<p>9</p> <p>Chicken Nuggets or Bosco Sticks Seasoned Curly Fries Fresh Garden Bar Steamed Peas Applesauce Cup Strawberry Sundae Ice Cream Cup</p> 	<p>10</p> <p>1 Soft Shell or 2 Hard Shell Tacos or Mini Corn Dogs Fresh Garden Bar Cheesy Refried Beans Chilled Peaches Rice Krispie Treat</p> <p>APRIL BIRTHDAY'S CELEBRATION</p> 	<p>11</p> <p>Popcorn Chicken or Roasted Pork* w/Gravy Mashed Potatoes w/Gravy Fresh Garden Bar California Blend Vegetables Assorted Juice Cup Fresh Baked Cinnamon Roll</p>	<p>12</p> <p>Stuffed Crust Cheese Pizza or Sloppy Joe Sandwich Fresh Garden Bar Sweet Carrot Coins Chilled Strawberries & Blueberries Chocolate Chip Cookie</p>	<p>Cal 644 T.Fat 17.30 G S.Fat 5.3 G Chol 44.2 Mg Sodm 1006.30 Mg Carb 96.78 G Fiber 8.6 G Prtn 26.82 G Iron 4.07 Mg Calc 468.16 Mg Vit A 43.76 RE Vit C 17.71 Mg</p>
<p>15</p> <p>Trix Yogurt Cup w/Chocolate Chocolate Chip Muffin & String Cheese or Breaded Chicken Drumstick Tater Gems Fresh Garden Bar Seasoned Green Beans Chilled Mix Fruit</p>	<p>16</p> <p>1 Soft Shell or 2 Hard Shell Tacos or Macaroni & Cheese Fresh Garden Bar Chilled Peaches Double Chocolate Chip Cookie</p> <p>Strawberry Milk Day</p> 	<p>17</p> <p>Cinnamon Glazed French Toast Sticks w/2 Breakfast Sausages* or Cheesy Cheese Pizza Fresh Garden Bar Steamed Peas Chilled Applesauce</p>	<p>18</p> <p>NO SCHOOL TEACHER IN-SERVICE</p> 	<p>19</p>  <p>NO SCHOOL</p>	<p>Cal 619 T.Fat 20.65 G S.Fat 7.6 G Chol 61.9 Mg Sodm 927.57 Mg Carb 83.30 G Fiber 7.6 G Prtn 27.56 G Iron 45.07 Mg Calc 581.80 Mg Vit A 35.87 RE Vit C 14.39 Mg</p>
<p>22</p> <p>Mandarin Orange Chicken or Mozzarella Sticks Fresh Garden Bar Seasoned Broccoli Mandarin Oranges Pudding Cup w/Gummy Worms</p> <p>National Earth Day</p>	<p>23</p> <p>Chicken Tenders or Grilled Cheese Sandwich French Fries Fresh Garden Bar Pineapple Tidbits 100% Fruit Sherbet Cup</p> 	<p>24</p> <p>Domino's Cheese Pizza or Mini Corn Dogs Fresh Garden Bar, Chilled Berry Cup & Mini Powdered Sugar Donut</p> 	<p>25</p> <p>Popcorn Chicken or Turkey & Gravy Mashed Potatoes w/Gravy Fresh Garden Bar Savory Corn Applesauce Cup Fresh Baked Cinnamon Roll</p>	<p>26</p> <p>Hot Dog or Cheeseburger Fresh Garden Bar Fresh Grapes Pretzel Twist w/Cheese</p> <p>National Pretzel Day</p>	<p>Cal 619 T.Fat 17.87 G S.Fat 5.5 G Chol 43.5 Mg Sodm 1047.41 Mg Carb 88.17 G Fiber 7.1 G Prtn 27.10 G Iron 3.10 Mg Calc 487.95 Mg Vit A 38.03 RE Vit C 29.77 Mg</p>
<p>29</p> <p>5" Deep Dish Pizza or Trix Yogurt Cup w/Chocolate Chocolate Chip Muffin & String Cheese Fresh Garden Bar Chilled Peaches</p> 	<p>30</p> <p>Walking Taco or Chicken Tenders Sweet Potato Fries Fresh Garden Bar Chilled Peas Assorted Juice Cup Box of Raisins</p> <p>National Raisin Day</p>	<p>1</p> 	<p>2</p> <p>DAILY LUNCH PRICES \$2.55 Elementary \$3.75 Adult Lunch \$.35 Milk</p> <p><i>Milk is included with each student meal.</i></p>	<p>3</p> <p>This institution is an equal opportunity provider.</p>	<p>Cal 598 T.Fat 16.91 G S.Fat 4.8 G Chol 39.8 Mg Sodm 902.20 Mg Carb 86.72 G Fiber 8.6 G Prtn 25.48 G Iron 4.23 Mg Calc 432.81 Mg Vit A 36.96 RE Vit C 25.08 Mg</p>

Account Balance: Please access your account on-line at www.Germantownschools.org. Make checks payable to : Germantown Food & Nutrition and include your child's name on your payment.