




Director of Food and Nutrition: Shelley Juedes - 262-253-3419

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>28</p> <p>Crispy Popcom Chicken or Mini Corn Dogs Fresh Garden Bar Baked French Fries Seasoned Green Beans Blue Raspberry Cherry Swirl Shape Up</p> <p><b>LABOR DAY</b></p>	<p>29</p> <p>Walking Taco w/Toppings or Macaroni &amp; Cheese Fresh Garden Bar Cheesy Refried Beans Crisp Red Grapes Ice Cream Sandwich</p> 	<p>30</p> <p>Stuffed Crust Cheese Pizza or Cheeseburger Fresh Garden Bar Sweet Potato Tots Steamed Peas Assorted Juice Cup Bag of Kettle Style Popcorn</p>	<p>31</p> <p>Chicken Nuggets or Turkey &amp; Gravy Mashed Potatoes w/Gravy Fresh Garden Bar Warm Cinnamon Roll Savory Corn Chilled Watermelon Wedge</p> 	<p>1</p> <p>Bosco Sticks or Trix Yogurt Cup w/Chocolate Chocolate Chip Muffin &amp; String Cheese Fresh Garden Bar Sweet Carrot Coins Pineapple Tidbits</p> 	<p>Cal 588 T.Fat 16.71 G S.Fat 5.2 G Chol 50.7 Mg Sodm 988.57 Mg Carb 82.10 G Fiber 7.3 G Prtn 27.37 G Iron 3.99 Mg Calc 781.84 Mg Vit A 31.89 RE Vit C 27.38 Mg</p>
<p>4</p> <p><b>No School</b></p> <p><u>DAILY LUNCH PRICES</u> \$2.55 Elementary \$3.50 Adult Lunch \$ .35 Milk</p> <p><i>Milk is included with each student meal.</i></p>	<p>5</p> <p><b>NATIONAL CHEESE PIZZA DAY!</b></p> <p>Mini Bagel Cheese Pizzas or Hot Dog Fresh Garden Bar Tater Gems Vegetarian Baked Beans Strawberry Banana Johnny Pop Smoothy Bar</p>	<p>6</p> <p>French Toast w/2 Breakfast Sausages* or Sweet &amp; Sour Chicken w/Fluffy Rice Fresh Garden Bar Mandarin Oranges Fortune Cookie</p>	<p>7</p> <p>Mini Cheese Ravioli or Mozzarella Sticks Fresh Garden Bar Garlic Bread Seasoned Broccoli Chilled Watermelon Wedge Fresh Cantaloupe Mini Powdered Sugar Donut</p>	<p>8</p> <p>Chicken Tenders or Crunchy Fish Sticks Baked French Fries Fresh Garden Bar Creamy Cole Slaw Chilled Strawberries &amp; Blueberries Jello Jigglers</p> 	<p>Cal 597 T.Fat 18.35 G S.Fat 4.8 G Chol 50.2 Mg Sodm 992.52 Mg Carb 82.88 G Fiber 7.3 G Prtn 26.09 G Iron 3.49 Mg Calc 529.61 Mg Vit A 37.39 RE Vit C 34.13 Mg</p>
<p>11</p> <p>BBQ Pork Rib* Sandwich or Chicken Nuggets Fresh Garden Bar Vegetarian Baked Beans Seasonal Fresh Fruit Rice Krispie Treat</p>  <p><b>SEPTEMBER BIRTHDAY'S CELEBRATION</b></p>	<p>12</p> <p>Crispy Popcom Chicken or Meatballs w/Gravy Mashed Potatoes w/Gravy Fresh Garden Bar Soft Baked Pretzel Rod Savory Corn Chilled Pears</p>	<p>13</p> <p>Sub Sandwich or Cheesy Cheese Pizza Garden Bar, California Blend Veg, Sliced Peaches Scooby-Doo Graham Crackers</p>  <p><b>SCOOBY DOO DAY!</b></p>	<p>14</p> <p>2 Hard Shell Tacos or 1 Soft Shell Taco or Chicken Patty Sandwich <b>NEW ITEM!</b> Mini Pretzel Bite Fresh Garden Bar Steamed Peas Chilled Applesauce Ice Cream Cup</p> 	<p>15</p> <p>Large Corn Dog or Grilled Cheese Sandwich Potato Smiles Fresh Garden Bar Assorted Juice Cup Seasonal Fresh Fruit</p>  <p><b>STRAWBERRY MILK DAY!</b></p>	<p>Cal 588 T.Fat 14.93 G S.Fat 4.7 G Chol 44.7 Mg Sodm 989.32 Mg Carb 82.42 G Fiber 9.4 G Prtn 28.62 G Iron 3.69 Mg Calc 601.03 Mg Vit A 35.26 RE Vit C 27.15 Mg</p>
<p>18</p> <p>Mandarin Orange Chicken w/Rice or Dutch Waffle w/2 Breakfast Sausages* Crispy Mini Tri-Taters Fresh Garden Bar Pineapple Tidbits</p> 	<p>19</p> <p>Bosco Sticks or Mini Corn Dogs Seasoned Curly Fries Fresh Garden Bar Vegetarian Baked Beans Assorted Sorbet</p>	<p>20</p> <p>Cheeseburger or Trix Yogurt Cup w/Chocolate Chocolate Chip Muffin &amp; String Cheese Fresh Garden Bar Mandarin Oranges</p> 	<p>21</p> <p>Chicken Nuggets or Roasted Pork* w/Gravy Mashed Potatoes w/Gravy Fresh Garden Bar Warm Cinnamon Roll Sweet Carrot Coins Seasonal Fresh Fruit</p>	<p>22</p> <p>Sloppy Joe Sandwich or 5" Deep Dish Pizza Fresh Garden Bar Seasoned Broccoli Sliced Peaches Ice Cream Sandwich</p> 	<p>Cal 633 T.Fat 16.05 G S.Fat 5.0 G Chol 45.6 Mg Sodm 977.73 Mg Carb 97.44 G Fiber 8.4 G Prtn 25.31 G Iron 4.15 Mg Calc 747.62 Mg Vit A 30.69 RE Vit C 37.36 Mg</p>
<p>25</p> <p>Popcom Chicken or Hot Dog Crispy Potato Wedges Fresh Garden Bar Country Blend Vegetables Fresh Apple Wedges Chocolate Chip Cookie</p> 	<p>26</p> <p>Chocolate Chip Pancakes w/Scrambled Eggs or BBQ Pulled Pork* Sandwich Fresh Garden Bar Warm Cinnamon Apples</p>  <p><b>NATIONAL PANCAKE DAY!</b></p>	<p>27</p> <p><b>NEW ITEM!</b> Wild Mike's Cheese Pizza or Breaded Fish Sandwich w/Cheese Fresh Garden Bar Steamed Broccoli w/Cheese Sliced Peaches Ice Cream Cup</p>	<p>28</p> <p>Italian Spaghetti w/Meat Sauce or Chicken Tenders Fresh Garden Bar Savory Corn Seasonal Fresh Fruit Bag of Kettle Style Popcorn</p>	<p>29</p> <p>Walking Taco w/Toppings or Cheese Quesadilla Sweet Potato Fries Fresh Garden Bar Cheesy Refried Beans Sour Orange or Lemon Raisels</p> 	<p>Cal 646 T.Fat 18.25 G S.Fat 5.5 G Chol 71.5 Mg Sodm 848.66 Mg Carb 98.03 G Fiber 9.2 G Prtn 28.87 G Iron 4.54 Mg Calc 493.61 Mg Vit A 44.78 RE Vit C 28.59 Mg</p>

**Account Balance:** Please access your account on-line at [www.Germantownschools.org](http://www.Germantownschools.org). Make checks payable to: Germantown Food & Nutrition and include your child's name on your payment.