



2017






Elementary Menu

MAY



This institution is an equal opportunity provider.

Director of Food and Nutrition: Shelley Jue des - 262-253-3419

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>1</p> <p>Mandarin Orange Chicken w/Fluffy Rice or Trix Yogurt Cup w/Chocolate Chocolate Chip Muffin & String Cheese Fresh Garden Bar Pineapple Tidbits</p>	<p>2</p> <p>5" Deep Dish Pizza or Sloppy Joe Sandwich Fresh Garden Bar Seasoned Broccoli Seasonal Fresh Fruit Assorted Sorbet</p>	<p>3</p> <p>Mini Corn Dogs or Cinnamon French Toast w/Cheese Omelet Crispy Mini Tri-Taters Fresh Garden Bar Applesauce Cup Rice Krispie Treat</p> <p></p> <p>BIRTHDAY CELEBRATION!</p>	<p>4</p> <p>Crispy Popcorn Chicken or Roasted Pork* w/Gravy Mashed Potatoes w/Gravy Fresh Garden Bar Dinner Roll Savory Corn Orange Juice Box</p> <p>NATIONAL ORANGE JUICE DAY</p>	<p>5</p> <p>Chicken Nuggets or Crunchy Fish Sticks Fresh Garden Bar Soft Baked Pretzel Rod Vegetarian Baked Beans Chilled Blueberries Frozen Sidekick Slushy</p>	<p>Cal 602 T.Fat 15.31 G S.Fat 4.1 G Chol 76.3 Mg Sodm 925.24 Mg Carb 89.89 G Fiber 9.1 G Prtn 26.72 G Iron 3.78 Mg Calc 667.55 Mg Vit A 33.33 RE Vit C 52.87 Mg</p>
<p>8</p> <p>Cheeseburger or Hot Dog Fresh Garden Bar Seasoned Green Beans Seasonal Fresh Fruit Bag of Kettle Style Popcorn</p> <p></p>	<p>9</p> <p>Chicken Tenders or Walking Taco w/Toppings Fresh Garden Bar Cheesy Refried Beans Chilled Pears Chocolate Chocolate Chip Muffin</p>	<p>10</p> <p>Classic Cheese Pizza Wedge or Sub Sandwich Sweet Potato Tots Fresh Garden Bar Fresh Apple Wedges</p> <p></p>	<p>11</p> <p>Chicken Patty Sandwich or Mozzarella Sticks Fresh Garden Bar Seasoned Curly Fries Sweet Carrot Coins Sliced Peaches Strawberry Banana Johnny Pop Smoothy Bar</p>	<p>12</p> <p>NO SCHOOL!</p> <p>TEACHER IN-SERVICE</p>	<p>Cal 635 T.Fat 18.81 G S.Fat 4.8 G Chol 44.3 Mg Sodm 1040.28 Mg Carb 91.17 G Fiber 9.8 G Prtn 27.79 G Iron 4.27 Mg Calc 525.64 Mg Vit A 38.79 RE Vit C 17.97 Mg</p>
<p>15</p> <p>Mini Corn Dogs or Crunchy Chicken Drumsticks Fresh Garden Bar Dinner Roll Vegetarian Baked Beans Mandarin Oranges Chocolate Chip Cookie</p> <p>NATIONAL CHOC. CHIP DAY</p>	<p>16</p> <p>Grilled Cheese Sandwich or Dutch Waffle w/Scrambled Eggs Fresh Garden Bar Chilled Applesauce Assorted Juice Cup</p>	<p>17</p> <p>Bosco Sticks or Crunchy Chicken Sticks w/Soft Breadstick Sweet Potato Fries Fresh Garden Bar Sliced Peaches Mint Fudge Ice Cream Cup</p>	<p>18</p> <p>Crispy Popcorn Chicken or BBQ Pork Rib Patty* Mashed Potatoes w/Gravy Fresh Garden Bar Warm Cinnamon Roll Savory Corn Chilled Pears</p>	<p>19</p> <p>5" Deep Dish Pizza or Trix Yogurt Cup w/String Cheese & Chocolate Chocolate Chip Muffin Fresh Garden Bar Crisp Red Grapes</p>	<p>Cal 629 T.Fat 17.50 G S.Fat 5.2 G Chol 79.3 Mg Sodm 932.13 Mg Carb 94.00 G Fiber 7.8 G Prtn 25.04 G Iron 4.66 Mg Calc 486.71 Mg Vit A 44.71 RE Vit C 29.83 Mg</p>
<p>22</p> <p>Cheeseburger or Pizza Dippers Fresh Garden Bar California Blend Vegetables Chilled Blueberries Vanilla Pudding Cup</p> <p>NATIONAL VANILLA PUDDING DAY</p>	<p>23</p> <p>Chicken Nuggets or Salisbury Steak Mashed Potatoes w/Gravy Fresh Garden Bar Dinner Roll Seasoned Broccoli Warm Cinnamon Apples</p>	<p>24</p> <p>One Soft Shell or Two Hard Shell Tacos or Mini Bagel Cheese Pizzas Fresh Garden Bar Steamed Peas Seasonal Fresh Fruit Scooby-Doo Graham Crackers</p>	<p>25</p> <p>Large Corn Dog or Chicken Tenders Potato Smiles Fresh Garden Bar Seasoned Green Beans Sliced Peaches</p>	<p>26</p> <p>Macaroni & Cheese or Cinnamon French Toast w/2 Breakfast Sausages* Fresh Garden Bar Crispy Tater Tots Fresh Banana Ice Cream Sandwich</p>	<p>Cal 631 T.Fat 18.11 G S.Fat 6.1 G Chol 52.2 Mg Sodm 1098.63 Mg Carb 90.33 G Fiber 10.0 G Prtn 28.51 G Iron 3.89 Mg Calc 735.66 Mg Vit A 39.66 RE Vit C 27.95 Mg</p>
<p>29</p> <p></p> <p>MEMORIAL DAY NO SCHOOL</p>	<p>30</p> <p>All American Hot Dog or Crispy Popcorn Chicken Oven Baked Potato Wedges Fresh Garden Bar Vegetarian Baked Beans 100% Fruit Sherbet Cup</p> <p></p>	<p>31</p> <p>Gilardi Stuffed Crust Cheese Pizza or Crispy Chicken O's Sweet Potato Tots Dinner Roll Fresh Garden Bar Seasonal Fresh Fruit</p>	<p>DAILY LUNCH PRICES \$2.45 Elementary \$3.45 Adult Lunch \$.35 Milk</p> <p>Milk is included with each student meal.</p> <p>* Contains Pork</p>		<p>Cal 646 T.Fat 17.33 G S.Fat 4.8 G Chol 59.1 Mg Sodm 998.85 Mg Carb 92.94 G Fiber 8.7 G Prtn 29.54 G Iron 3.88 Mg Calc 452.74 Mg Vit A 31.31 RE Vit C 44.73 Mg</p>

Account Balance: Please access your account on-line at www.Germantownschools.org. Make checks payable to: Germantown Food & Nutrition and include your child's name on your payment.