











# Elementary 2018 March

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p><b>DAILY LUNCH PRICES</b>                      \$2.55 Elementary                      \$3.75 Adult Lunch                      \$ .35 Milk</p> <p><i>Milk is included with each student meal.</i></p>					
		* Contains Pork	 <b>NO SCHOOL</b>	<b>NO SCHOOL</b> The Food and Nutrition Department is accepting applications for ON-CALL SUBSTITUTES. If interested, please apply on the WECAN website at: <a href="http://services.education.wisc.edu/wecan">http://services.education.wisc.edu/wecan</a> and click on support staff.	
<p>5</p> <p>Mozzarella Sticks or Bag of Fluffy Eggo Pancakes w/Scrambled Eggs                      Fresh Garden Bar                      Steamed Peas                      Warm Cinnamon Apples                      Strawberry Banana                      Johnny Pop Smoothy Bar</p>	<p>6</p> <p>Two Hard Shell or One Soft Shell Taco or Macaroni &amp; Cheese                      Fresh Garden Bar                      Mini Pretzel Bite                      Cheesy Refried Beans                      Fresh Fruit</p>	<p>7</p> <p>Cheesy Cheese Pizza or Sub Sandwich                      Fresh Garden Bar                      California Blend Vegetables                      Sliced Peaches                      Scooby Doo                      Graham Snacks</p> 	<p>8</p> <p>Popcorn Chicken or Meatballs w/Gravy                      Mashed Potatoes w/Gravy                      Fresh Garden Bar                      Dinner Roll                      Savory Corn                      Chilled Pears</p> 	<p>9</p> <p>Chicken Nuggets or Grilled Cheese Sandwich                      Potato Smiles                      Fresh Baby Carrots &amp; Celery w/Ranch Dip                      Seasonal Fresh Fruit                      Ice Cream Sandwich</p> <p style="text-align: center;"><b>National Ranch Dip Day</b></p>	<p>Cal 603                      T.Fat 17.03 G                      S.Fat 5.8 G                      Chol 57.1 Mg                      Sodm 984.45 Mg                      Carb 88.79 G                      Fiber 9.6 G                      Prtn 27.71 G                      Iron 4.31 Mg                      Calc 541.00 Mg                      Vit A 36.26 RE                      Vit C 21.46 Mg</p>
<p>12</p>  <p>Mandarin Orange Chicken or Dutch Waffle                      w/2 Breakfast Sausages*                      Fresh Garden Bar                      Pineapple Tidbits                      Rice Krispie Treat</p> <p style="text-align: center;"><b>MARCH BIRTHDAY'S CELEBRATION</b></p>	<p>13</p> <p>Bosco Sticks or Mini Corn Dogs                      Seasoned Curly Fries                      Fresh Garden Bar                      Vegetarian Baked Beans                      Crisp Apple                      w/Caramel Dip</p>	<p>14</p> <p>Stuffed Crust Cheese Pizza or BBQ Pulled Pork* Sandwich                      Fresh Garden Bar                      Creamy Cole Slaw                      Sweet Carrot Coins                      Chilled Strawberries</p> 	<p>15</p> <p>Chicken Nuggets or Roasted Pork* w/Gravy                      Mashed Potatoes w/Gravy                      Fresh Garden Bar                      Warm Cinnamon Roll                      Savory Corn                      Assorted Juice Cup</p>	<p>16</p> <p>Macaroni &amp; Cheese or Breaded Chicken Filet Sandwich                      Baked French Fries                      Fresh Garden Bar                      Sliced Peaches                      100% Fruit Sherbet Cup</p> 	<p>Cal 638                      T.Fat 15.84 G                      S.Fat 4.1 G                      Chol 45.0 Mg                      Sodm 1026.26 Mg                      Carb 98.27 G                      Fiber 7.5 G                      Prtn 25.73 G                      Iron 3.03 Mg                      Calc 478.82 Mg                      Vit A 39.39 RE                      Vit C 30.85 Mg</p>
<p>19</p> <p>Popcorn Chicken or Hot Dog                      Fresh Garden Bar                      Vegetarian Baked Beans                      Chilled Pears                      Oatmeal Raisin Cookie</p> <p style="text-align: center;"><b>NATIONAL OATMEAL COOKIE DAY</b></p>	<p>20</p> <p style="text-align: center;"><b>BRUNCH FOR LUNCH</b></p> <p>Mini Chocolate Chip                      French Toast                      w/Scrambled Eggs or Pancake Wrapped Sausage on a Stick*                      Crispy Mini Tri-Taters                      Fresh Garden Bar                      Orange Smiles</p>	<p>21</p> <p>Pizza Dippers or Chicken O's                      Fresh Garden Bar                      Steamed Broccoli w/Cheese                      Sliced Peaches                      Minion Graham Snacks</p> <p style="text-align: center;"><b>STRAWBERRY MILK DAY</b></p>	<p>22</p> <p>Italian Spaghetti w/Meat Sauce &amp; Parmesan Cheese or Chicken Tenders                      Fresh Garden Bar                      Garlic Bread                      Seasoned Green Beans                      Chilled Applesauce</p> 	<p>23</p> <p>Wild Mike's 5" Cheese Pizza or Cheese Quesadilla                      Sweet Potato Fries                      Fresh Garden Bar                      Country Blend Vegetables                      Assorted Juice Cup                      Vanilla Cupcake</p>	<p>Cal 645                      T.Fat 19.05 G                      S.Fat 5.7 G                      Chol 72.0 Mg                      Sodm 948.44 Mg                      Carb 92.88 G                      Fiber 8.5 G                      Prtn 28.21 G                      Iron 4.08 Mg                      Calc 483.11 Mg                      Vit A 45.10 RE                      Vit C 19.10 Mg</p>
<p>26</p> <p>Chicken Nuggets or Cheeseburger                      Crispy Potato Wedges                      Fresh Garden Bar                      Pineapple Tidbits                      Orange Swirl Ice Cream Cup</p> 	<p>27</p> <p>Two Hard Shell or One Soft Shell Taco w/Mini Pretzel Bite or Bosco Sticks                      Fresh Garden Bar                      Cheesy Refried Beans                      Seasonal Fresh Fruit</p> 	<p>28</p> <p>Trix Yogurt Cup w/String Cheese &amp; Chocolate Chocolate Chip Muffin or Large Corn Dog                      Fresh Garden Bar                      Sweet Carrot Coins                      Chilled Applesauce</p> <p style="text-align: center;"><b>NATIONAL SOMETHING ON A STICK DAY</b></p>	<p>29</p> <p>Popcorn Chicken or Salisbury Steak                      Mashed Potatoes w/Gravy                      Fresh Garden Bar                      Dinner Roll                      California Blend Vegetables                      Assorted Juice Cup</p>	<p>30</p> <p style="text-align: center;"><b>Good Friday</b></p> <p style="text-align: center;"><b>NO SCHOOL</b></p>	<p>Cal 588                      T.Fat 13.88 G                      S.Fat 4.8 G                      Chol 40.1 Mg                      Sodm 917.73 Mg                      Carb 83.48 G                      Fiber 9.3 G                      Prtn 27.69 G                      Iron 4.23 Mg                      Calc 526.75 Mg                      Vit A 29.67 RE                      Vit C 20.97 Mg</p>

**Account Balance:** Please access your account on-line at [www.Germantownschoools.org](http://www.Germantownschoools.org). Make checks payable to: Germantown Food & Nutrition and include your child's name on your payment.